

## St. Faustina (f)

- b. 1905, d. 1938 (33 yrs.)
- Born Helena Kowalska, then renamed Maria Faustyna Kowlaska upon entering a convent, in Poland
- Canonized April 30<sup>th</sup>, 2000, the first of the 21<sup>st</sup> Century
- Feast Day: October 5<sup>th</sup>
- Patron of World Youth Day, a Catholic youth-oriented event that celebrates the Catholic faith and also encourages young people to live their Faith throughout the world.
- In her diary, *Divine Mercy in Soul*, she reports to have had several visions and conversations with Jesus Christ, which is where the idea of the “*Divine Mercy*” came from.
  - She was also given the prayer, *Chaplet of Divine Mercy*: This is a prayer starts praising Jesus for His sacrifice, followed by an Our Father, Hail Mary and the Apostles Creed, then a series of prayers asking God for His Mercy on us.
- These visions were initially suppressed by the Church until many prayers and requests, including those of Karol Wojtyla (who eventually became Bl. Pope John Paul II [the Great]).
- Divine Mercy Sunday Mass is now celebrated the Sunday after Easter



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